# SCHOOL OF PSYCHOLOGY, COUNSELING & FAMILY THERAPY

## Faculty

Dean of the School of Psychology, Counseling, and Family Therapy, Associate Professor, Sarah Hall

Arthur P. Rech and Mrs. Jean May Rech Professor of Psychology, Mark Yarhouse

Professor of Counseling, Tammy Schultz

Professor of Marriage and Family Therapy, David Van Dyke

**Professors of Psychology,** Sally Schwer Canning, Ward Davis, Sandra Yu Rueger, William Struthers, Terri Watson

Associate Professors of Counseling, Mandy Kellums Baraka, Ki Byung Chae

Associate Professors of Marriage and Family Therapy, Jake Johnson, Hana Yoo

Associate Professors of Psychology, Aimee Callender, James Cornwell, John McConnell, Raymond Phinney,

Benjamin Pyykkonen, John Vessey

Assistant Professor of Marriage and Family Therapy, Wendy Smith Assistant Professors of Psychology, Darlene Hannah, Chuck Liu Emeritus Professors of Psychology, Richard Butman, Stanton Jones, Cynthia Neal Kimball

## **Admissions**

Deadlines and requirements will vary depending on degree and program. See Graduate Admissions (https://catalog.wheaton.edu/graduate/ graduate-admissions/) in the catalog for additional information or go to Wheaton College Graduate School Admissions (https:// www.wheaton.edu/graduate-school/admissions/):

Wheaton College Graduate School Graduate Admissions Toll free: 800.888.0141 or 630.752.5195

https://www.wheaton.edu/graduate-school/admissions (https://www.wheaton.edu/graduate-school/admissions/)

## **Programs**

- Clinical Mental Health Counseling, M.A. (https:// catalog.wheaton.edu/graduate/psychology/clinical-mental-healthcounseling-ma/)
- Marriage and Family Therapy, M.A. (https://catalog.wheaton.edu/ graduate/psychology/marriage-family-therapy-ma/)
- Clinical Psychology, Psy.D. (https://catalog.wheaton.edu/graduate/ psychology/clinical-psychology-psyd/)
- Clinical Psychology, Ph.D. (https://catalog.wheaton.edu/graduate/ psychology/clinical-psychology-phd/)
- Marriage & Family Therapy (Post-Masters) Certificate (https:// catalog.wheaton.edu/graduate/psychology/marriage-and-familytherapy-post-masters-certificate/)
- Trauma Certificate (https://catalog.wheaton.edu/graduate/ psychology/trauma-certificate/)

## Courses Clinical Mental Health Counseling Courses

## CMHC 611. Foundations of Integration I. (1 Credit)

A seminar in which an understanding of social, cultural, and spiritual context is developed to facilitate an integrated view of the person and of mental health practice. Emphasis is on historical, philosophical, and theological perspectives.

## CMHC 612. Foundations of Integration II. (1 Credit)

A continuation of seminar I which facilitates an integrated view of the person and of mental health practice. Emphasis is on application of faith practice integration to the treatment of marginalized populations and service to the church worldwide.

## CMHC 613. Foundations of Integration III. (1 Credit)

A seminar that focuses on entry into clinical mental health practice, including application for licensure, models of supervision and consultation, and building a career and/or ministry in the mental health field.

## CMHC 614. Group Counseling. (2 Credits)

The study of group counseling, theory, and models of practice, including the role of group leadership; tools for forming a group and orienting members; and catalysts for interaction, skills for conducting and evaluating counseling/therapy groups. Emphasis will be given to ethical issues. Must be taken concurrently with CMHC 614L.

## CMHC 614L. Group Counseling Lab. (1 Credit)

Provides an experiential small group designed to promote personal and professional growth. Graded pass/fail. Concurrent registration with CMHC 614.

## CMHC 618. Research Design and Program Evaluation. (3 Credits)

Overviews the research and program evaluation methodologies available to mental health professionals. Emphasis will be given to the design, implementation, and critique of clinically relevant research.

## CMHC 621. Counseling Skills & Techniques. (2 Credits)

Focuses on the development of counseling skills and techniques essential to clinical mental health practice, from a humanistic/ experiential and existential perspective. This course must be taken with CMHC 621L. This course is available only to CMHC students. Additional course fee required: \$195.

## CMHC 621L. Basic Counseling Skills Lab. (1 Credit)

A basic skills lab involving practice, video-taped sessions, and supervision of counseling skills necessary to establishing and maintaining a professional helping relationship. Concurrent registration with CMHC 621. This course is available only to CMHC students. Graded pass/fail.

CMHC 624. Issues and Ethics in Professional Practice. (3 Credits) Introduces concepts regarding the professional functioning of

Introduces concepts regarding the professional functioning of counselors, including history, roles, professional organizations, ethics, legalities, standards, and credentialing. Current issues in the practice of counseling in a professional setting are explored. This course is available only to CMHC students. Course Fee. (Program counseling fee – 1st semester)

### CMHC 625. Counseling Theories and Practice. (3 Credits)

This course is an overview of the major theories of counseling and psychotherapy. Because the purpose of counseling and psychotherapy is to help individuals make personally meaningful changes in their lives, we will consistently examine the means through which the traditional theoretical perspectives try to produce such changes. Students will read about the historical and intellectual foundations of major counseling theories, while at the same time, observing the skills and techniques employed by practitioners using those theoretical perspectives. The other salient focus of this class will involve an appraisal of the major theoretical approaches from a faith understanding.

## CMHC 631. Lifespan Development. (3 Credits)

Addresses the major theories of human development across the life span. Stages and developmental tasks related to normal development, prevention of mental health crises, and counseling are explored. Concerns of individuals at different life stages are addressed, with an emphasis on the physical, emotional, intellectual, and spiritual growth of the individual.

## CMHC 636. Family Systems Theory and Counseling. (3 Credits)

An examination of the major models of family systems theory and counseling applied to the understanding of normal and abnormal family functioning. This course is available only to CMHC students.

## CMHC 641. Assessment in Counseling. (3 Credits)

A clinical skills course focusing on the principles of measurement and assessment and counseling use of various assessment instruments: achievement, aptitude, intelligence, interest, and personality. Covers supervision in administering, scoring, and interpreting assessment tools.

# CMHC 642. Psychopathology: Biological and Sociocultural Foundations. (3 Credits)

The study of the major mental disorders as defined by the DSM including an introduction to the etiology, diagnosis, treatment, appropriate psychopharmacological interventions, biological bases of behavior, and spiritual dimensions of these disorders. Explores the impact of culture and emerging technologies on the treatment of individuals and groups. Prerequisites: CMHC student.

#### CMHC 647. Foundations of Play Therapy. (3 Credits)

Provides an overview of the essential elements and principles of play therapy, including history, theories, modalities, techniques, applications, and skills. Emphasizes an experiential component focused on basic play therapy skill development within the context of ethical and diversity sensitive practice. Prerequisite: CMHC 621, 624, or permission of instructor.

# CMHC 649. Multicultural Issues and Social Advocacy in Counseling. (3 Credits)

Examines theories of multicultural counseling, identity development, pluralistic trends, and the application of culturally appropriate intervention strategies to individuals, couples, families, groups, and communities. Major ethnic groups are studied, along with the counseling, social justice, and advocacy approaches to each. Counselor cultural self-awareness and the role of counseling in eliminating bias, prejudice, oppression, and discrimination are emphasized.

## CMHC 651. Substance Abuse and Addictions. (3 Credits)

A survey of basic issues surrounding the conceptualization, etiology, progression, assessment, and treatment of chemical abuse, dependence, and addiction, including the study of the family of the chemically dependent individual.

### CMHC 653. Lifestyle & Career Development. (3 Credits)

An overview of theories of occupational choice and career development and their application to assessing, treating, and preventing career problems across the life cycle. Additional course fee required: \$15.

## CMHC 691. Comprehensive Exit Exam. (0 Credits)

Objective written comprehensive exam that may be taken at any point in the program once the student has completed 36 hours of coursework. The exam covers the eight CACREP common core areas: Human Growth, Social and Cultural Foundations, Helping Relationships, Group Counseling, Career and Lifestyle Development, Appraisal, Research and Program Evaluation, and Professional Orientation and Ethics. Students are permitted up to 3 exam attempts within 12 months before being assigned a final grade in the course. Students have one year from the first test date to retake the test twice (for a total of three times). Course is not repeatable. Graded pass/fail. Prerequisite: CMHC 614, 614L, CMHC 618, 621, 621L, CMHC 622, 623, 624, 631, 636, 641, 642, 649, and CMHC 653.

### CMHC 692. Graduate Counseling Practicum. (3 Credits)

Introductory supervised field experience that provides students with the opportunity to observe clinical mental health professionals as they function and to develop primary level mental health service provision skills. Participation in a regularly scheduled professional development seminar with faculty is required. Graded pass/fail.

## CMHC 695. Independent Study. (1 to 4 Credits)

Guided research on an elected problem in counseling or the related fields of prevention or psychoeducation.

### CMHC 696. Graduate Internship I. (3 Credits)

Supervised clinical experience in an approved setting that provides students with the opportunity to develop entry level counseling skills necessary for professional mental health practice. Participation in a regularly scheduled professional development seminar with faculty is required. Prerequisite: CMHC 692. Graded pass/fail.

#### CMHC 697. Graduate Internship II. (3 Credits)

Supervised clinical experience in an approved setting that provides students with the opportunity to develop entry level counseling skills necessary for professional mental health practice. Participation in a regularly scheduled professional development seminar with faculty is required. Graded pass/fail. Prerequisites: CMHC 692, CMHC 696.

#### CMHC 698. Advanced Graduate Internship. (1 to 3 Credits)

Supervised clinical experience in an approved setting that provides students with the opportunity to develop advanced counseling skills. Participation in a regularly scheduled professional development seminar with faculty is required. Prerequisite: CMHC 696 or permission of CMHC program director. Graded pass/fail.

## **Marriage and Family Therapy Courses**

## CMFT 509. Family Systems Theory & Practice. (2 Credits)

An overview of systemic conceptualization, theories, and treatment of marriages & families. The focus of this course is on applying family systems theory to various contemporary issues and mental health challenges.

## CMFT 511. Trauma Informed Family Therapy. (2 Credits)

This is an advanced marriage and family therapy course focused on the assessment and treatment of individuals, couples, and families who have experienced contextual and personal trauma. Special consideration will also be given to how grief, loss, and shame affects families' experiences of trauma.

#### CMFT 512. Personal and Spiritual Formation. (2 Credits)

The course focuses on the personal, spiritual, and relational formation of the therapist. Emphasis will be on the therapist's family of origin issues, biblical and theological foundations, and how these factors contribute in forming Marriage & Family Therapists.

## CMFT 513. Practical Ministry and Family Systems. (2 Credits)

Systemic theories and skills will be applied to Christian ministry. Emphasis on biblical and theological foundational cross-training for therapists who serve various professional communities and the global church. Prerequisite: CMFT 509, CMFT 511, CMFT 512.

## CMFT 514. Integration Seminar: MFT & Christian Faith. (2 Credits)

This course explores Christian faith integration with systemic thinking and therapy. Emphasis will be on types of integration, application across cultures and within the individual therapist. Pre or Corequisite: CMFT 509, CMFT 511, CMFT 512.

#### CMFT 515. Couple Therapy. (2 Credits)

The course will address theoretical models and skills necessary for effectively treating couples relationship and sexual functioning. Prerequisite: CMFT 509, CMFT 511, CMFT 512.

### CMFT 516. Clinical Internship & Supervision I. (1 Credit)

This course provides supervision and counseling experiences for systems conceptualization and clinical skill development. Clinical placement and supervision will be in the student's country and language of origin. In this course, we will focus on the development of marriage and family therapy (MFT) perceptual, conceptual, and interventional skills as applied to students' therapeutic work at their internship site placements. We will also discuss matters related to the integration of MFT and the Christian faith, where applicable. Prerequisite: CMFT 509, CMFT 511, CMFT 512.

#### CMFT 517. Clinical Internship & Supervision II. (1 Credit)

This course provides supervision and counseling experiences for systems conceptualization and clinical skill development. Clinical placement and supervision will be in the student's country and language of origin. In this course, we will focus on the development of marriage and family therapy (MFT) perceptual, conceptual, and interventive skills as applied to students' therapeutic work at their internship site placements. We will also discuss matters related to the integration of MFT and the Christian faith, where applicable. Prerequisite: CMFT 509, 511, 512, 516.

## MAFT 601. Enduring Systemic Questions. (1 Credit)

This course introduces Marriage & Family Therapy students to practices of integrative thinking by engaging challenging, theologically significant enduring questions in a seminar-style course organized around systems thinking and Christianity. The components of each seminar will

emphasize integrative intellectual practice and model the integration of faith and learning in preparing clinicians who serve various communities and the global church.

## MAFT 618. Family Therapy Research & Implications for Evidence-Based Practice. (3 Credits)

An overview of research methodology, data analysis, and the evaluation of research in couple and family therapy and how research informs MFT common factors and evidence-based practice.

## MAFT 624. MFT Ethics & Professional Practice. (3 Credits)

An overview of ethical issues related to the profession and practice of MFT including the AAMFT Code of Ethics, professional identity, professional organizations, and licensure.

MAFT 631. Individual & Family Life Cycle Development. (3 Credits) The study of individual and family development across the lifespan, exploring continuity and change within the developing individual and family.

### MAFT 632. Introduction to Play Therapy. (1 Credit)

This course provides an overview of play therapy with a focus on systemic influences through the therapy process. It will address modalities, techniques, and skills through lecture and experiential learning.

# MAFT 633. Couple Therapy: Systemic Assessment and Intervention. (3 Credits)

An overview of theoretical models and skills necessary for effective treatment of couple relationship and sexual functioning.

## MAFT 634. Marriage & Family Therapy I: Theoretical Foundations. (3 Credits)

An introduction to historical development, theoretical and empirical foundations of systems theory including a survey of the major models of marriage, couple, and family therapy and an overview of contemporary conceptual directions.

## MAFT 635. Marriage & Family Therapy II: Systemic Assessment & Intervention. (3 Credits)

An application of relational/systems theory to a variety of presenting clinical problems including but not limited to physical health and illness, major mental health issues, traditional psychodiagnostic categories, and relational problems. Prerequisite: MAFT 634 or PSYC 738.

## MAFT 637. Families in Context: Culture, class, ethnicity, gender, sexual identity & religion. (3 Credits)

An overview of the impact of diversity, power, and privilege as they related to culture, class, ethnicity, gender, sexual orientation, and religion in families and their influence on couple and family treatment.

#### MAFT 642. Psychopathology & the Family. (3 Credits)

The study of the etiology and maintenance of the major mental disorders and the role of the family and community in assessment and intervention. The DSM-V and the biological bases of behavior are given special attention.

## MAFT 643. Trauma and Addiction: Systemic Assessment and Intervention. (3 Credits)

This is an advanced marriage and family therapy course focused on the assessment and treatment of individuals, couples, and families who have experienced trauma and/or addiction. Special consideration will also be given to how grief, loss, and shame moderate families' experiences of trauma and addiction.

## MAFT 645. Systemic Interventions with Children and Adolescents. (3 Credits)

An examination of systemic models of conceptualizing child and adolescent problems and an introduction to systemic treatment modalities for working with children, adolescents and their families.

MAFT 655. Systemic Interventions with Special Populations. (3 Credits) Abusive families, families with addictions, domestic violence, and underresourced families. An advanced skills course providing theory and techniques for treatment of special populations in marriage and family therapy.

## MAFT 656. Integration seminar: MFT and Christian faith/practice. (3 Credits)

An advanced seminar examining historical and contemporary issues in the integration of Christian faith, systemic epistemology, and the practice of Marriage and Family Therapy.

## MAFT 657. MFT - Clinical Development - Improv. (1 Credit)

This course provides an overview and experiential techniques from improvisational theater to develop and enhance relational and Marriage & Family Therapy skills. The foci of this course includes an overview of improvisational theory/skills including: developing trust (joining), cocreating stories, dealing with heightened emotions, participating and navigating conflict, and establishing relational resolution. This course provides conceptualization and practice of improvisational skills for a practitioner-scholar of relational/systemic study and clinical skills impact in relationships.

## MAFT 659. Human Sexuality. (1 Credit)

This course covers physiobiological, socioemotional, and spiritual aspects of human sexuality. The foci of this course include an overview of male and female sexual anatomy and physiology, sexual dysfunctions and difficulties, issues related to sexual identities and gender dysphoria, and the ways in which individuals sexual issues impact their intimate relationships. These topics will be addressed alongside conversations regarding theological perspectives on human sexuality, as well as Christian Marriage and family therapists' (MFT's) approaches to them. Diversity concerns and cultural implications will also be integrated into class discussions. Prerequisites: MAFT 634 and MAFT 635.

## MAFT 661. Personal and Professional Development Group (PPDG) I. (0 Credits)

A small group class focusing on development of MFT identity, person of the therapist issues, group dynamics, and spiritual formation.

# MAFT 662. Personal and Professional Development Group (PPDG) II. (0 Credits)

A small group class focusing on development of MFT identity, person of the therapist issues, group dynamics, and spiritual formation.

# MAFT 663. Personal and Professional Development Group (PPDG) III. (0 Credits)

A small group class focusing on development of MFT identity, person of the therapist issues, group dynamics, and spiritual formation.

## MAFT 664. Personal and Professional Development Group (PPDG) IV. (0 Credits)

A small group class focusing on development of MFT identity, person of the therapist issues, group dynamics, and spiritual formation.

**MAFT 671. Personal and Professional Development Group I. (1 Credit)** A small group class focusing on development of Marriage and Family Therapy identity, person of the therapist issues, group dynamics, and spiritual formation. Graded: Pass/Fail

## **MAFT 672. Personal and Professional Development Group II. (1 Credit)** A small group class focusing on development of Marriage & Family Therapy identity, person of the therapist issues, group dynamics, and spiritual formation. Graded: Pass/Fail Prerequisite: MAFT 671.

**MAFT 673. Personal and Professional Development Group III. (1 Credit)** A small group class focusing on development of Marriage & Family Therapy identity, person of the therapist issues, group dynamics, and spiritual formation. Graded: Pass/Fail Prerequisite: MAFT 672.

## MAFT 674. Personal and Professional Development Group IV. (1 Credit)

A small group class focusing on development of Marriage & Family Therapy identity, person of the therapist issues, group dynamics, and spiritual formation. Graded: Pass/Fail Prerequisite: MAFT 673.

## MAFT 675. Practicum & Supervision I. (3 Credits)

First year clinical practicum at the Center for Family & Relational Health. Students will be therapists on treatment teams providing therapy and receiving supervision. Graded.

#### MAFT 676. Practicum & Supervision II. (3 Credits)

First year clinical practicum at the Center for Family & Relational Health. Students will be therapists on treatment teams providing therapy and receiving supervision. Graded. Prerequisite: MAFT 675.

## MAFT 677. Practicum & Supervision III (Summer). (1 Credit)

The Summer portion of first year clinical practicum at the Center for Family & Relational Health. This course is a Summer semester continuation of the clinical training and experience of the first year of the MFT program. Students will be therapists on treatment teams providing therapy and receiving supervision. Graded. Prerequisite: MAFT 675 and MAFT 676.

### MAFT 678. Internship & Supervision I. (2 Credits)

Second year clinical internship in which students secure outside placements and provide couple and family therapy under supervision by professionals on site. In addition, students received another hour supervision per week on campus by faculty AAMFT Approved Supervisors. Graded. Prerequisite: MAFT 675, MAFT 676, and MAFT 677.

### MAFT 679. Internship & Supervision II. (2 Credits)

Second year clinical internship in which students secure outside placements and provide couple and family therapy under supervision by professionals on site. In addition, students received another hour supervision per week on campus by faculty AAMFT Approved Supervisors. Graded. Prerequisite: MAFT 675, 676, 677, and 678.

## MAFT 681. Clinical Pre-Practicum I. (2 Credits)

First year clinical practicum focusing on observation of clinical work and development of beginning Marriage & Family Therapy skills. Graded pass/ fail.

## MAFT 682. Clinical Pre-Practicum II. (2 Credits)

First year clinical practicum focusing on observation of clinical work and development of beginning Marriage & Family Therapy skills. Graded pass/ fail.

#### MAFT 683. Summer Clinical Practicum I. (0 Credits)

Summer clinical practicum focusing on observation of clinical work and development of beginning MFT skills. Prerequisites: MAFT 681 and MAFT 682.

## MAFT 684. Clinical Practicum I. (3 Credits)

Second year clinical practicum in which students secure outside placements and provide couple and family therapy under supervision by professionals on site. In addition, students received another hour supervision per week on campus by faculty AAMFT Approved Supervisors. Graded pass/fail (2 each semester)

## MAFT 685. Clinical Practicum II. (3 Credits)

Second year clinical practicum in which students secure outside placements and provide couple and family therapy under supervision by professionals on site. In addition, students received another hour supervision per week on campus by faculty AAMFT Approved Supervisors. Graded pass/fail (2 each semester)

#### MAFT 686. Summer Clinical Practicum II. (0 Credits)

This course focuses on observation of clinical work and development of beginning MFT skills. Graded pass/fail. Prerequisite: MAFT 681, MAFT 682, MAFT 684 and MAFT 685.

#### MAFT 691. Advanced Internship & Supervision. (0 to 3 Credits)

This course is an advanced marriage and family therapy practicum. It is designed to provide supervision and counseling experience for the development of clinical skills in working with couples and families. Graded pass/fail. Repeatable. (0-3 each semester) Prerequisite: MAFT 675, 676, 677, 678, and 679.

#### MAFT 696. Clinical Pre-Practicum I. (1 Credit)

First year clinical practicum focusing on observation of clinical work and development of beginning MFT skills. Graded pass/fail.

#### MAFT 697. Clinical Pre-Practicum II. (1 Credit)

First year clinical practicum focusing on observation of clinical work and development of beginning MFT skills. Graded pass/fail.

#### MAFT 698. Clinical Practicum I. (2 Credits)

Second year clinical practicum in which students secure outside placements and provide couple and family therapy under supervision by professionals on site. In addition, students received another hour supervision per week on campus by faculty AAMFT Approved Supervisors. Graded pass/fail (2 each semester)

#### MAFT 699. Clinical Practicum II. (2 Credits)

Second year clinical practicum in which students secure outside placements and provide couple and family therapy under supervision by professionals on site. In addition, students received another hour supervision per week on campus by faculty AAMFT Approved Supervisors. Graded pass/fail (2 each semester)

## **Psychology Courses**

**Note:** Graduate courses are designated 512-899. Students in the master's program may be allowed to take suitably enriched 400-level courses for graduate credit (limit of eight hours). 600-level courses are open only to M.A. students. 700- and 800-level courses are open only to Psy.D. students unless otherwise specified or with faculty and department chair approvals.

#### PSYC 512. Theories and Principles of Counseling. (3 Credits)

Designed for marriage and family therapy students, this course provides an examination of several of the major theories of counseling with an emphasis on techniques and principles common to each theory. This course does not count towards the M.A. in Clinical Psychology.

#### PSYC 531. Psychology of Sports Performance and Coaching. (2 Credits)

This course will survey the theory, research on, and applications of psychology pertaining to sports. This course will prepare students to: 1) discuss and understand psychological factors that influence involvement and performance in sports, and 2) apply psychological research and theories to one's own sports or performance involvement. The course will examine psychological variables that can hinder or enhance athletic performance, which may include attention, arousal, motivation, relationships, mental imagery, gender, and diversity issues, eating disorders, and substance abuse.

#### PSYC 551. Counseling Challenges in Ministry. (2 Credits)

A psychoeducative approach is used to enable Christian leaders to help individuals and families understand and deal with contemporary issues - e.g., step-families, single parenting, divorce, abortion. Other topics covered include: coping with depression, strong emotions, i.e., anger and anxiety, conflict. This course does not count toward the M.A. in Clinical Psychology.

#### PSYC 698. Master's Thesis. (4 Credits)

**PSYC 699. Master's Thesis Continuation. (0 Credits)** See M.A. Thesis/Applied Thesis/Action Research.

## PSYC 701. Foundations of Integration. (3 Credits)

A course in which an understanding of social, cultural, and spiritual context is developed to facilitate an integrated view of the person and of mental health practice. Emphases include historical, philosophical, theological perspectives, application of faith practice integration to the treatment of marginalized populations and service to the church worldwide.

#### PSYC 706. Spirituality I. (0.5 Credits)

An introduction to spiritual formation and spiritual practices for developing clinical psychologists in the Christian tradition. This course will focus on spiritual practices and disciplines important to developing the relationship between human beings and a triune God.

## PSYC 707. Spirituality II. (0.5 Credits)

The second course in a sequence intended for spiritual formation and spiritual practices for developing clinical psychologists in the Christian tradition. This course will focus on spiritual practices and disciplines important to self-care. Prerequisites: PSYC 706.

#### PSYC 708. Spirituality III. (0.5 Credits)

The third course in a sequence intended for spiritual formation and spiritual practices for developing clinical psychologists in the Christian tradition. This course will focus on spiritual practices and disciplines relevant to healthy community.

#### PSYC 709. Spirituality IV. (0.5 Credits)

The fourth and final course in a sequence intended for spiritual formation and spiritual practices for developing clinical psychologists in the Christian tradition. This course emphasizes spiritual practices and disciplines focusing on Biblical justice.

#### PSYC 714. Professional Development and Ethics I. (3 Credits)

An introduction to the practice of professional psychology, and to the ethical, legal, and professional issues confronting psychologists. Emphasis will be on fostering students' knowledge of the profession's ethics code and guidelines and on developing professional goals and behaviors. Special attention will be paid to the integration of Christian faith in accordance with the program's mission statement. Additional course fee required: \$200.

#### PSYC 716. Basic Clinical Interviewing Skills. (3 Credits)

A basic skill course in clinical interviewing strategies and challenges.

**PSYC 717. Class, Gender, Race, Religion & Sexual Identity. (3 Credits)** An introduction to the diverse populations psychologists serve and the clinical competencies necessary for effective psychologists.

#### PSYC 721. History and Systems of Psychology. (3 Credits)

A study of the history of psychology, with particular emphasis upon understanding contemporary thought in the philosophy of science, and its implications for our understanding of the history and current status of the discipline.

#### PSYC 722. History & Systems. (2 Credits)

A study of the history of psychology, with particular emphasis upon understanding contemporary thought in the philosophy of science, and its implications for our understanding of the history and current status of the discipline.

#### PSYC 731. Spirituality I. (1 Credit)

An introduction to spiritual formation and spiritual practices for developing clinical psychologists in the Christian tradition. This course will focus on spiritual practices and disciplines important to developing the relationship between human beings and a triune God.

### PSYC 732. Spirituality II. (1 Credit)

The second course in a sequence intended for spiritual formation and spiritual practices for developing clinical psychologists in the Christian tradition. This course will focus on spiritual practices and disciplines important to self-care.

### PSYC 733. Spirituality III. (1 Credit)

The third course in a sequence intended for spiritual formation and spiritual practices for developing clinical psychologists in the Christian tradition. This course will focus on spiritual practices and disciplines relevant to healthy community.

## PSYC 734. Spirituality IV. (1 Credit)

The fourth and final course in a sequence intended for spiritual formation and spiritual practices for developing clinical psychologists in the Christian tradition. This course emphasizes spiritual practices and disciplines focusing on Biblical justice.

## PSYC 736. Cognitive-Behavioral Theory and Practice. (3 Credits)

A core theory and clinical skill course in the cognitive-behavioral tradition. Covers the range of topics from traditional behavior modification to social-cognitive and cognitive views to third-wave therapies.

# PSYC 737. Psychoanalytic and Contemporary Psychodynamic Theory and Practice. (3 Credits)

A core theory and clinical skill course in the psychodynamic tradition. Covers the range of topics from classical psychoanalysis through contemporary object-relations, self psychological, and relational psychoanalytic views.

#### PSYC 738. Family Systems Theory and Therapy. (3 Credits)

A core theory and clinical skill course in the family systems tradition. An overview of the major approaches to family therapy with an emphasis on developmental and systemic models, and development of family assessment, conceptualization, and intervention skills. Prerequisites: PSYC 716, PSYC 736, PSYC 737.

## PSYC 739. Community and Preventive Psychology. (3 Credits)

An examination of community and interpersonal factors causing and maintaining psychological dysfunction and well-being. Studies the preventive modes of mental health intervention.

## PSYC 743. Psychological Assessment I: Cognitive Foundations. (3 Credits)

An examination of the history of testing, and basic measurement theory and psychometrics. Includes exposure to the theory of intellectual and educational assessment with children and adults, and development of skills in administration, scoring, and interpretation of intellectual tests.

# PSYC 744. Psychological Assessment II: Personality Foundations. (3 Credits)

An examination of the theory and practice of personality assessment with children and adults. Covers objective and projective assessment methods, and development of skills in administration, scoring, and interpretation of these instruments. Additional course fee required: \$100.

## PSYC 745. Psychological Assessment III: Integrative Report Writing. (1 Credit)

A clinical skill course focusing on the development of competency in integrative report writing, including the synthesis of testing data and information.

## PSYC 746. Research and Statistics I. (3 Credits)

An introduction to statistical methodology, with an emphasis on cultivating students' basic conceptual understanding of statistics and research methods, as well as foundational skills in conducting analyses and in participating in a research team.

#### PSYC 747. Research and Statistics II. (3 Credits)

An introduction to research design which includes quantitative statistical research designs, with an emphasis on establishing a strong conceptual framework for understanding the range of research designs and how to select or match a design to research question/problem. Program evaluation methodology is also included.

# PSYC 748. Research and Statistics III: Data Interpretation & Qualitative Analysis. (3 Credits)

An introduction to basic approaches of qualitative analysis and a focus on interpretation and reporting of quantitative data. Course is offered occasionally.

### PSYC 749. Stats: Correlation & Reg. (3 Credits)

An introduction to advanced multivariate statistics including multivariate regression and statistical modeling procedures including SLM/HLM with an emphasis on learning statistical methodologies that facilitate comprehension and elucidation of underlying mechanisms in clinical psychology. This is a doctoral level course representing the final class in a research and statistics sequence.

### PSYC 753. Psychopathology. (3 Credits)

Doctoral-level examination of the categorization, diagnosis, etiology, and maintenance of abnormal behavior.

## PSYC 754. Biological Bases of Behavior. (3 Credits)

Covers the core knowledge in the biological bases of behavior for the practicing psychologist.

#### PSYC 755. Cognition & Emotion. (3 Credits)

Examines contemporary perspectives on thought, memory, emotion, and other higher mental processes.

## PSYC 756. Psychopharmacology. (3 Credits)

A core course introducing the student to psychopharmacological treatments of various psychological disorders.

### PSYC 761. Research Lab I. (1 Credit)

Research Lab I is the formal mechanism by which students' involvement in original empirical research is formulated and guided. The Research Lab I is the first of a formal academic sequence involving statistical analysis, research design and research application in a clinical context. Participation in the Research Lab I will help students' to build the necessary skills to generate and evaluate original research. The research lab supports dissertation process as part of the research and statistics sequence. Graded pass/fail.

#### PSYC 762. Research Lab II. (1 Credit)

Research Lab II is the formal mechanism by which students' involvement in original empirical research is formulated and guided. The Research Lab II is the second of a formal academic sequence involving statistical analysis, research design and research application. Participation in the Research Lab II will help students' to build the necessary skills to generate and evaluate original research. The research lab supports dissertation process as part of the research and statistics sequence. Graded pass/fail.

#### PSYC 763. Research Lab III. (1 Credit)

Research Lab III is the formal mechanism by which students' involvement in original empirical research is formulated and guided. The Research Lab III is the third of a formal academic sequence involving statistical analysis, research design and research application. Participation in the Research Lab III will help students' to build the necessary skills to generate and evaluate original research. The research lab supports dissertation process as part of the research and statistics sequence. Graded pass/fail.

#### PSYC 764. Research Lab IV. (1 Credit)

Research Lab IV is the formal mechanism by which students' involvement in original empirical research is formulated and guided. The Research Lab IV is the fourth of a formal academic sequence involving statistical analysis, research design and research application. Participation in the Research Lab IV will help students' to build the necessary skills to generate and evaluate original research. The research lab supports dissertation process as part of the research and statistics sequence. Prerequisite: PSYC 761, 762 and 763. Graded pass/fail.

#### PSYC 766. Research Lab. (1 Credit)

Research Lab is the formal mechanism by which students' involvement in original empirical research is formulated and guided. Participation in the Research Lab will help students' to build the necessary skills to generate and evaluate original research. The research lab supports dissertation process as part of the research and statistics sequence. (8 credits total required for degree) Graded pass/fail.

#### PSYC 767. Advanced Research Lab. (2 Credits)

Advanced Research Lab is the formal mechanism by which students' involvement in original empirical research is formulated and guided. The Advanced Research Lab builds on a formal academic sequence involving statistical analysis, research design, and research application in a clinical context. Participation in the Advanced Research Lab offers students the opportunity to hone necessary skills to generate and evaluate original research. The Advanced Research Lab supports the dissertation process as part of the PhD program's research and statistics sequence and provides additional time for developing a body of research, pursuing publication, and presenting findings. This course will build on previous research lab courses and will be used to facilitate advanced research engagement and may include outcomes such as journal article submission or paper presentation at conferences. Prerequisite: PSYC 766.

#### PSYC 773. Lifespan Development. (3 Credits)

Development throughout the lifespan from infancy through old age; focus on prominent developmental theories; protective and risk factors in atypical development.

#### PSYC 774. Advanced Social Psychology. (3 Credits)

Advanced topics of relevance to understanding human behavior in its social context.

#### PSYC 781. Advanced Ethics and Professional Issues. (3 Credits)

Advanced training in special topics among ethical, legal, and professional issues confronting the psychologist in practice. Prerequisites: PSYC 714.

#### PSYC 782. Clinical Supervision and Consultation. (3 Credits)

Introduction to practice of effective supervision and training of mental health professionals and the skills needed to provide consultations with other professionals and organizations. Prerequisites: PSYC 796 - Practica I & II.

#### PSYC 795. Practicum Seminar. (1 Credit)

A seminar group designed to facilitate the personal, professional, and spiritual formation of doctoral students who are concurrently in practica placements. Required attendance at both individual and group meetings. Co-requisite: PSYC 796. Graded pass/fail.

#### PSYC 796. Practica I, II, III, IV. (2 Credits)

A doctoral-level practicum covering assessment, treatment planning, case management, and psychotherapeutic intervention. Graded pass/fail. (each 2)

### PSYC 797. Practica-Seminar I, II, III, IV. (0 Credits)

A seminar group designed to facilitate the personal, professional, and spiritual formation of doctoral students who are concurrently in practica placements. Required attendance at both individual and group meetings. Required with PSYC 796. Graded pass/fail. (each 2 credits)

## PSYC 798. Practicum V/VI. (0 Credits)

An advanced doctoral-level practicum covering assessment, treatment planning, case management, and psychotherapeutic intervention. Prerequisite: eight credit hours of PSYC 796. Graded pass/fail.

#### PSYC 799. Supplemental Practicum. (0 Credits)

A supplemental doctoral-level practicum covering assessment, treatment planning, case management, and psychotherapeutic intervention. Available either in conjunction with a primary practicum during the academic year or as a stand-along clinical training experience during the summer months. Graded pass/fail.

#### PSYC 801. Theological and Religious Issues in Psychotherapy. (2 Credits)

A study of the religious issues that are confronted in psychotherapy, with an emphasis on the practical clinical applications and implications of Christian theology. The role of the psychologist as a healer and minister of grace will be considered, as well as topics such as sin and evil, confession, redemption, forgiveness, and the use of prayer and Scripture. (For Psy.D. students or with permission of instructor and department chair.)

#### PSYC 833. Couple Therapy. (3 Credits)

A core theory and clinical skill course in the field of couple therapy. Covers a range of views including the behavioral, family systems, and psychodynamic. Prerequisite: PSYC 738.

## PSYC 837. Developmental Psychopathology. (3 Credits)

A foundational course providing an overview of developmental clinical child psychology. Emphasis will be given to an understanding of theology and developmental theories and research in relation to child psychopathology and clinical practice.

#### PSYC 838. Advanced Couple and Family Therapy. (3 Credits)

An advanced seminar focusing on integrative models of couple and family therapy with a special emphasis on issues of ethnicity and gender. Students will develop the skills important in working with multiproblem couples and families. Students will also be introduced to models of couple and family supervision. Open to both M.A. and Psy.D. Clinical Psychology students. Course is offered occasionally. Prerequisites: Psy.D. PSYC 738, M.A. CMHC 636.

#### PSYC 843. Neuropsychological Assessment. (3 Credits)

Introduction to theory and practice of assessing brain function and its behavioral correlates.

#### PSYC 844. Child Psychological Assessment. (3 Credits)

A clinical skill course focusing on the administration, scoring, and interpretation of child psychological assessment strategies. Specific developmental considerations in assessment of this population will be examined.

## PSYC 845. Child & Adolescent Interventions. (3 Credits)

A clinical skills course introducing students to evidence-based intervention strategies targeting commonly seen diagnoses in children and adolescents. Developmental, cultural, and familial considerations in treatment are emphasized. Prerequisites: PSYC 716, 736, 737.

#### PSYC 846. Geropsychology. (3 Credits)

Assessment and treatment of older adults and associated issues, including neuropsychological assessment and different diagnosis. Open to both M.A. and Psy.D. Clinical Psychology students. Course is offered occasionally.

## PSYC 849. Sexuality & Sex Therapy. (3 Credits)

An advanced elective introducing the student to the assessment and treatment of sexual dysfunction using a biopsychosocial model. Open to both M.A. and Psy.D. Clinical Psychology students.

#### PSYC 851. Substance Abuse. (3 Credits)

A survey of basic issues surrounding the conceptualization, etiology, progression assessment, and treatment of chemical abuse, dependence, and addiction, including the study of the family of the chemically dependent individual. Course is offered occasionally.

**PSYC 853. Behavioral Medicine and Health Psychology. (3 Credits)** Contemporary theory and practice course exploring the relationship of psychological and behavioral change in relation to medical and other health-related matters. Prerequisite: PSYC 754. Course is offered occasionally.

## PSYC 854. Collaborative Psychological Practice in Primary Care. (3 Credits)

An advanced clinical course introducing students to the role of the mental health professional in the primary health context. Diagnostic, intervention and interdisciplinary consultation skills necessary for effective practice in fast-paced, high-volume interdisciplinary healthcare settings are taught with an emphasis on Motivational Interviewing and brief interventions for change. Contextual focus is placed on the value of collaborative approaches with underserved communities and populations.

## PSYC 855. Introduction to Trauma & Crisis Intervention. (3 Credits)

An introduction to interpersonal trauma, crisis counseling, and models of resiliency. Prerequisite: PSYC 736, 737, 738, 743, 744, 753, 754, 755, 773.

# PSYC 856. Advanced Trauma Focused Assessment and Intervention. (3 Credits)

The emphasis of the course will center on the understanding of evidencebased practice including trauma assessments, phase-oriented treatment models, neurobiology of trauma sequelae, as well as clinical insights, case studies, and a systematic review of numerous evidence-based psychotherapy approaches. Prerequisite: PSYC 855.

## PSYC 861. Spiritual Direction and Care of the Soul. (3 Credits)

An introduction to the contemporary and classical literature and traditions of Christian spirituality and spiritual direction and their relevance to the helping professions. Psychology's neglect of the spiritual life and of the church's tradition of soul care is addressed. Course is offered occasionally.

# PSYC 862. Advanced Integration of Psychology & Christian Theology. (3 Credits)

This course will focus on the integration of the Christian faith and clinical psychology. Students will be provided in-depth exposure to the literature regarding Christianity-psychology integration. Specific topics in emerging trends in the field will be selected and analyzed by the class in light of their theological coursework in the doctoral program. Prerequisite: PSYC 701. Course is offered occasionally.

## PSYC 879. Advanced Practicum I. (1 Credit)

This advanced clinical experience emphasizes the development of assessment, diagnosis and intervention through supervised practice at a variety of field settings. Meetings include didactic learning, case presentations and team meetings. Prerequisites: eight credit hours of PSYC 796 and 4 credits of PSYC 795. Corequisite: PSYC 795. Graded pass/fail.

#### PSYC 881. Advanced Practicum I. (2 Credits)

This advanced clinical experience emphasizes the development of assessment, diagnosis and intervention through supervised practice at a variety of field settings. Concurrent enrollment in PSYC 882 -Advanced Practicum Seminar I. Meetings include didactic learning, case presentations and team meetings. Prerequisites: eight credit hours of PSYC 796 and 4 credits of PSYC 795. Co-requisite: PSYC 882. Graded pass/fail.

### PSYC 882. Advanced Practicum I Seminar. (1 Credit)

This seminar supporting advanced clinical experiences emphasizes the development of assessment, diagnosis and intervention through supervised practice at a variety of field settings. Concurrent enrollment in PSYC 881. Meetings include didactic learning, case presentations and team meetings. Prerequisites: eight credit hours of PSYC 796 and 4 credits of PSYC 795. Co-requisite: PSYC 881. Graded pass/fail.

### PSYC 883. Advanced Practicum II. (1 Credit)

This advanced clinical experience emphasizes the development of assessment, diagnosis and intervention through supervised practice at a variety of field settings. Concurrent enrollment in PSYC 884 - Advanced Practicum Seminar II. Prerequisite: PSYC 881. Co-requisite: PSYC 884. Graded pass/fail.

## PSYC 884. Advanced Practicum II Seminar. (1 Credit)

This seminar supporting advanced clinical experiences emphasizes the development of assessment, diagnosis and intervention through supervised practice at a variety of field settings. Concurrent enrollment in PSYC 883 - Advanced Practicum II. Meetings include didactic learning, case presentations and team meetings. Prerequisites: PSYC 881 and 882. Co-requisite: PSYC 883. Graded pass/fail.

#### PSYC 891. Advanced Clerkship. (0 Credits)

Supervised advanced clinical experience in an approved setting. Prerequisites: eight credit hours of PSYC 796 and 2 semesters of PSYC 894. Attendance at Grand Rounds is required. Graded pass/fail.

### PSYC 892. Advanced Clerkship II. (0 Credits)

Supervised advanced clinical experience in an approved setting. Prerequisites: eight credit hours of PSYC 796 and 2 semesters of PSYC 894 and 2 semesters of PSYC 891. Attendance at Grand Rounds required. Graded pass/fail.

#### PSYC 893. Seminar: Advanced Topics in Clinical Psychology. (1 Credit)

Advanced topics in clinical psychology presented and discussed in a twofull-day seminar. Readings required prior to attendance. Graded pass/ fail. Open to both M.A. and Psy.D. Clinical Psychology students. Program limit: M.A. 4 hours; Psy.D. 12 hours including PSYC 895 hours.

#### PSYC 894. Clerkship. (0 Credits)

Supervised clinical experience in an approved setting. Prerequisites: eight credit hours of PSYC 796. Attendance at Grand Rounds is required. Graded pass/fail.

## PSYC 895. Independent Study. (1 to 4 Credits) (1-4)

1 +)

#### PSYC 896. Clinical Internship. (0 Credits)

Degree requires registration in this course for two semesters and one summer. Graded pass/fail.

## PSYC 898. Clinical Dissertation. (1 to 4 Credits)

Degree requires a total of 10 or 13 credits (depending on catalog year) for the clinical dissertation. (1, 2, 3, 4)

**PSYC 899. Clinical Dissertation Continuation. (0 Credits)** (Full-time).

#### PSYC 991. Comprehensive Exam. (0 Credits)

A programmatic milestone testing mastery of fundamental academic concepts necessary for professional psychologists. Students are permitted up to 3 exam attempts in a 12 month period before being assigned a final grade for the course. PSYC 991 may not be repeated. Pass/fail. Prerequisites: PSYC 714, 716, 717, 721, 736, 737, 738, 743, 744, 745, 746, 747, 753, 754, 755, 773, and 774.

#### PSYC 992. Professional Qualifying Exam (PQE). (0 Credits)

Professional clinical qualifying exam - the 2nd qualifying exam. Pass/ fail. Prerequisites: PSYC 991 unless petitioned to Psy.D. Program Clinical Training Committee.

## PSYC 993. Clinical Dissertation Proposal. (0 Credits)

Clinical Dissertation Proposal defense. Pass/fail. Prerequisites: PSYC 991.

PSYC 999. Clinical Dissertation Continuation. (0 Credits) (Part-time).

## Trauma Courses

TRMA 632. Introduction to Trauma and Crisis Counseling. (3 Credits) An introduction to interpersonal trauma, crisis counseling and models of resiliency. Emphasis on providing evidence-based clinical interventions in interpersonal trauma and crisis situations, including emergencies requiring advocacy, intervention, and support. Topics addressed include sexual trauma, domestic violence, vicarious trauma, psychological first aid, suicide prevention models, and community based prevention and intervention strategies. Counselors' roles and responsibilities during crises and counselor self-care strategies will be explored.

# TRMA 635. Advanced Trauma Focused Assessment and Intervention. (3 Credits)

Advanced assessment and therapy skills related to trauma-related sequelae. The emphasis of the course will center on the understanding of evidence based practice including trauma assessments, phaseoriented treatment models, neurobiology of trauma sequelae, as well as clinical insights, case studies, and a systematic review of numerous evidence-based psychotherapy approaches such as: Prolonged Exposure, Cognitive Processing Therapy, Written Exposure Therapy, and Eye-Movement Desensitization and Reprocessing. Students will be oriented to therapy considerations in the selection of particular trauma-informed approaches in addition to clinical considerations related to therapy with clients who have co-morbid disorders. Additionally, students will be introduced to key ingredients in evidence-based therapies and will both learn and demonstrate essential skills inherent to many evidence-based approaches to PTSD (e.g. relaxation exercises). Prerequisite: TRMA 632 or CMHC 632; (or MAFT 643 for MAFT students).

TRMA 652. Disaster, Crisis, and Trauma Intervention. (3 Credits) This course is designed for clinicians and presents an overview of evidence-based and informed psychosocial care and mental health interventions for disaster and trauma survivors. The course will explore topics such as cognitive, affective, behavioral, and neurological effects associated with trauma; brief, intermediate, and long-term care approaches; assessment strategies for intervention for individuals affected by crises, emergency, or disaster. Human suffering of mental illnesses will be examined through a biblical lens, and students will have the chance to analyze and facilitate evidence-based interventions with a culturally-informed perspective.