

# MARRIAGE & FAMILY THERAPY (POST-MASTERS) CERTIFICATE (CMFT)

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**CMFT 509. Family Systems Theory & Practice. (2 Credits)**

An overview of systemic conceptualization, theories, and treatment of marriages & families. The focus of this course is on applying family systems theory to various contemporary issues and mental health challenges.

**CMFT 511. Trauma Informed Family Therapy. (2 Credits)**

This is an advanced marriage and family therapy course focused on the assessment and treatment of individuals, couples, and families who have experienced contextual and personal trauma. Special consideration will also be given to how grief, loss, and shame affects families' experiences of trauma.

**CMFT 512. Personal and Spiritual Formation. (2 Credits)**

The course focuses on the personal, spiritual, and relational formation of the therapist. Emphasis will be on the therapist's family of origin issues, biblical and theological foundations, and how these factors contribute in forming Marriage & Family Therapists.

**CMFT 513. Practical Ministry and Family Systems. (2 Credits)**

Systemic theories and skills will be applied to Christian ministry. Emphasis on biblical and theological foundational cross-training for therapists who serve various professional communities and the global church. Prerequisite: CMFT 509, CMFT 511, CMFT 512.

**CMFT 514. Integration Seminar: MFT & Christian Faith. (2 Credits)**

This course explores Christian faith integration with systemic thinking and therapy. Emphasis will be on types of integration, application across cultures and within the individual therapist. Pre or Corequisite: CMFT 509, CMFT 511, CMFT 512.

**CMFT 515. Couple Therapy. (2 Credits)**

The course will address theoretical models and skills necessary for effectively treating couples relationship and sexual functioning. Prerequisite: CMFT 509, CMFT 511, CMFT 512.

**CMFT 516. Clinical Internship & Supervision I. (1 Credit)**

This course provides supervision and counseling experiences for systems conceptualization and clinical skill development. Clinical placement and supervision will be in the student's country and language of origin. In this course, we will focus on the development of marriage and family therapy (MFT) perceptual, conceptual, and interventional skills as applied to students' therapeutic work at their internship site placements. We will also discuss matters related to the integration of MFT and the Christian faith, where applicable. Prerequisite: CMFT 509, CMFT 511, CMFT 512.

**CMFT 517. Clinical Internship & Supervision II. (1 Credit)**

This course provides supervision and counseling experiences for systems conceptualization and clinical skill development. Clinical placement and supervision will be in the student's country and language of origin. In this course, we will focus on the development of marriage and family therapy (MFT) perceptual, conceptual, and interventive skills as applied to students' therapeutic work at their internship site placements. We will also discuss matters related to the integration of MFT and the Christian faith, where applicable. Prerequisite: CMFT 509, 511, 512, 516.